

BABY CONTEST PRIZES SHOWN

School Girls! See Jewelry
You May Win, Then
Enter.

BEST ESSAY GETS WATCH

Read Letters in Each Issue of The
Herald Which Will Help
You.

Public school girls!
Have you made up your mind yet to
write an essay on how to care for baby,
for The Washington Herald "better
baby" contest?

If you haven't, walk down Seventh
street after school tomorrow afternoon
and see the beautiful prizes in the win-
dow of Charles Schwartz & Son, 708 Sev-
enth street northwest, that have been
purchased by the "better baby" editor
for the girls writing the best essays. The
prizes will be on display there until the
end of the contest on May 6.

The first prize for high school girls is
a handsome 14-kt. solid gold, open-faced,
jeweled, Elgin watch.
The second prize for high school girls is
a solid gold hand-carved bracelet. The
bracelet will be fitted for the winner by
Mr. Schwartz, and the initials engraved
upon it.

The first prize for graded school girls is
a handsome 14-kt. solid gold open-face
Lady Suffolk watch, of imported move-
ment.

The second prize for graded school girls
is the same as that for high school girls,
and will be exchanged to fit the winner,
and initials placed upon. Both watches
also will be engraved with the initials
of the winners. The prizes are all of the
reliable make carried by the Schwartz
firm.

Read Every Letter Carefully.

Now comes the first letter from the
city mother to the country mother, and
it will tell you all about "How to Bathe
Baby." Read it as carefully as you
would "Aller's Wonderful" and watch
eagerly for the other six letters
to be printed every day this week. They
will all be interesting.

When the last letter is printed next
Saturday you will know all about how to
care for baby. Then you can sit down
and begin on your essay. You will have
two weeks in which to write it. It must
be in The Herald office, addressed to
The Better Baby Editor, before 6 o'clock
on the evening of May 6. Write only on
one side of the paper and put your name,
address, school and grade on the first
page. Don't write more than 400 words.

Proper Care May Save Life.

My Dear Irene: First of all, I
bathe baby every day. That is
necessary because the skin of a

Rules for the Better Baby Essay Contest

1. Essays are to be on the general subject, "How to Care for Baby."
2. Essays may deal with any phase of the baby's life, his food, clothing, bath, sleeping facilities, and summer and winter care, etc.
3. Essays should be based on the articles to be published daily from April 16 to 22.
4. Essays must contain not more than 400 words.
5. Essays should be addressed, "The Washington Herald Better Baby Editor."
6. Essays must be in The Herald office, 427 Eleventh street north-west, before 6 o'clock on the evening of May 6.
7. Essays will be turned over to five judges on Monday, May 8.
8. Contest will be open to all girls of the public graded and high schools.
9. There will be two valuable prizes for the graded schools and two for the high schools.
10. Essays should be written on one side of the paper only, with the writer's name, age, address, school and grade on the first page.

baby is very tender and very little irri-
tation will cause trouble. I would like
to have a bath thermometer and test the
water as the nurse said. She told us to
give a bath at 98 degrees at first and
gradually make it cooler until at 90 de-
grees or less. I use the other method,
my elbow. Never use your hand, because
the hand is not sensitive to heat and
cold, as the elbow is.

One of the most important things of all
is to have everything ready before one
begins. The water, soap, washcloth,
towel, powder, oil, if you need it, solu-
tion of boric acid, absorbent cotton
and all the clean, warm, dry clothes
should be within reach as you sit in front
of the tub. It is hard to remember every-
thing at first, but undue delay in order
to get anything forgotten, means discom-
fort or even illness for the baby.

The interesting thing is that most of
the time spent at the bath is not spent
in the water. After undressing the baby,
I lay her on my lap on a bath towel and
put a blanket over her. Then I begin on
the head, and this takes longer than any
other part, because one has to be so care-
ful. Bathe the eyes gently with absorb-
ent cotton moistened in boric acid solu-
tion. Cleanse each nostril with a
twist of absorbent cotton moistened the
same way. Never put the twist of cotton
over a match end or toothpick, because
the lining of the nose is very delicate
and can be easily injured. The mouth
can best be cleaned with fresh sterile
water on absorbent cotton and should be
done very gently, as the mouth, too, is
tender. Next wipe the face and ears
with a washcloth wrung out of the water
and wipe at once with a thin, soft towel.
Then soap the head carefully, rinse off
well and dry it, too.

In Water Only for Minute.

The toilet of the head is now complete
and while the baby is still on the lap
quickly soap all over with the washcloth
or soap on the hands. Then, placing the
baby in the tub and bracing the head and
shoulders above the water with the left
hand, with the right hand rinse all the

soap off quickly. Lift the baby out onto
the towel on the lap and dry. The time
in the water should not be more than
one to two minutes. When done quickly
(I am really getting quite expert and feel
so proud of it) she enjoys it thoroughly.
The nurse told us that nearly all babies
love their bath if it is given properly.
Just try it, Irene, on this new little boy
of yours—your tiny, first baby. Affec-
tionately yours,
SARAH.

All inquiries about "How to Care
for Baby" should be addressed to "The
Better Baby Editor, The Washington
Herald."

POLO TEAMS COMPETE IN PRACTICE GAMES

Fast Work Shown in Preliminary
Trials Before Opening at Speed-
way Tournament Tomorrow.

Three teams, known as the Red, White
and Blue, made up of the members of
the several teams who will compete for
the Westmoreland cups, beginning to-
morrow, played matches of six intervals
each yesterday afternoon at the Speed-
way, Potomac Park. The Reds showed
the best form in beating both the Blue
and the White.

The three teams were: Red, Col. Charles
Treat, Fred Allison, of South Carolina;
E. V. White and George Milburn, of New
York; Blue, Arthur Robbins and Ambrose
Clark, of New York; Joe Minich, of
Texas; A. P. Perkins, of Cleveland, Ohio;
White, Kent Legare and Hugh Legare,
of Washington; E. W. Hopping, of New
York; and Capt. Nelson Margatta.

Polo enthusiasts expect the coming
series of matches to be the largest ever
held in the East outside the international
matches in New York.

Five teams will take part in the tourna-
ment, which will end Saturday after-
noon. Among those entered are some
of the best known players of the coun-
try. The five teams are: The Westmore-
land, of Greensburg; the Aiken Tigers
from South Carolina; the Pine Tree Club
from Camden, South Carolina; and the
Washington team.

ADDRESSES ROSE SOCIETY.

W. J. Staalsman Tells Members How
to Raise Healthy Plants.

Mrs. Elizabeth Daniels, of Newton
street, entertained the Rose Society of
Brookland, at the regular meeting last
Saturday evening. W. J. Staalsman, of
Vienna, gave an interesting experi-
ence of some of the secrets of raising
strong and healthy rose plants, espe-
cially what is most needed in the
spring cleaning of the beds.

Rev. Charles Aiken was voted into
the society as an associate member.
The last meeting of the year will be
held on May 13, at the residence of
Mrs. Mary Ward Burr, in Twelfth
street, when the date of the annual
rose exhibition will be decided by vote
of the society. The committee from
the Brookland University Heights and
Rhode Island Avenue Citizens' associa-
tion will be present to meet with the
Rose Society in plans to make this ex-
hibition one of the largest and most
successful held in Brookland.

CADETS PRACTICE AT RANGE.

Six High School Companies Open
Program of Rifle Shooting.

Six high school cadet companies yester-
day opened the program of target prac-
tice for civilians on the Winthrop (M.)
range. The shooting is to be conducted
under auspices of the National Rifle As-
sociation.

The cadet companies which practiced
at the range yesterday were: G and F
First Cadet Regiment, of Eastern High
School; G and I, Second Cadet Regiment,
Business High School; H, First Regiment,
Western High School; and I, First Regi-
ment, Central High School. The range
was under the supervision of Capt. Har-
lee, of the Marine Corps, the cadets being
under the command of Maj. Wallace Mc-
Cathran.

READERS' CLUB TO BANQUET.

Will Celebrate Tercentenary of
Shakespeare's Death by Dinner.

For several years it has been the cus-
tom of the Washington Readers' Club to
hold a Shakespeare dinner on the tercen-
nary of the poet's death, but this year,
being the 300th anniversary of that event,
arrangements are being perfected to
make the dinner a notable contribution
to the tercentennial.

\$217.74 Raised for Belgians.

The District of Columbia Belgian Re-
lief Committee received \$217.74 in dona-
tions at the recent celebration in con-
nection with the birthday of King Al-
bert, according to announcement last
night by officers of the organization. The
committee will meet every Friday after-
noon from 2 to 5 o'clock at the head-
quarters, 232 Thirteenth street northwest,
to make garments for the destitute Bel-
gians.

R. E. Bender's Funeral Tomorrow.

Robert E. Bender, son of Robert W.
Bender, one of the wire chiefs of the
Western Union Telegraph Company, died
Friday afternoon at his home, 763
Rock Creek Church road. Interment is
to be at Glenwood Cemetery tomorrow
afternoon at 2 o'clock.

Good Friday Music Planned.

The choir of the North Carolina Ave-
nue Methodist Church, assisted by
Charles T. Tittmann, bass, and J. H.
Bowie, tenor, will render "The Crucifi-
xion" on Good Friday night. Mrs.
Marguerite Allen Ross is organist and
director.

What National Advantage Do Private Armor Plants Serve?

To the Members of Congress:

THE HON. H. A. HERBERT, then Secretary of the Navy, reported to Congress in 1896:

"The present size and strength of our navy is not so efficient a factor in keeping the public peace and in creating respect for our country abroad as is our capacity to rapidly increase that navy to any required extent."

THE PRESENT SECRETARY OF THE NAVY says to Congress, in his last annual report, that one of the lessons of the present war is that

"We must enlarge factories in which munitions can be manufactured, with everything in readiness to increase the large reserve in case it should be necessary."

The foregoing are sound doctrines. They have been found to be sound by every great nation in the world.

Yet it is proposed to adopt a policy in building armor, the vital feature of a battleship's equipment, which will effectively destroy the large existing armor manufacturing capacity in this country.

SENATOR TILLMAN, while conducting the recent inquiry into the cost of armor, very accurately stated:

"If the Government enters into its own armor manufacture itself, it will destroy your business, in that respect at least."

"It would be much better if we should have the manufacturers supply the Government at a reasonable price."

We are prepared to supply armor at a price which the Government itself shall decide to be reasonable.

This is said to be a "death-bed repentance."

That is a phrase. What we propose is a responsible business proposition to which we are prepared to agree for an indefinite period.

We want to protect ourselves against the loss of our existing investment, and at the same time save the Government an unnecessary expense.

CHAS. M. SCHWAB, Chairman
EUGENE G. GRACE, President

Bethlehem Steel Company

JESS WILLARD SAYS "TAKE NUXATED IRON"

If you want plenty of 'stay there' Strength and Endurance
and Health and Muscles like mine."

A hitherto untold Secret of his Great Victories
over Jack Johnson and Frank Moran.

Ordinary Nuxated Iron will often increase the strength and endurance
of delicate, nervous folks 200 per cent in
two weeks' time.



I consider that plenty of iron in my
blood is the secret of my great strength,
power and endurance.

Jess Willard

NOTE.—Dr. E. Sauer, a well-known
physician who has studied widely in both this coun-
try and Europe, has been specially employed to
make a thorough investigation into the real secret
of the great strength, power, and endurance of Jess
Willard and the marvelous value of nuxated iron as
a strength builder.

New York.—Upon being interviewed
at his apartment in the Colonial Hotel,
Mr. Willard said: "Yes, I have a chem-
ist with me to study the value of dif-
ferent foods and products as to their
power to produce great strength and
endurance, both of which are so neces-
sary in the prize ring. On his recom-
mendation I have often taken nuxated
iron and I have particularly advocated
the free use of iron by all those who
wish to obtain great physical and men-
tal power. Without it I am sure that I
should never have been able to whip
Jack Johnson so completely and easily
as I did, and while training for my
bout with Frank Moran, I regularly
took nuxated iron, and I am certain
that it was a most important factor in

my winning so easily." Continuing,
Dr. Sauer said: "Mr. Willard's case is
only one of hundreds which I could cite
from my own personal experience,
which prove conclusively the absolute
value of nuxated iron to restore
strength and vitality even in most
complicated chronic cases."

Not long ago a man came to me who
was nearly half a century old, and
asked me to give him a preliminary ex-
amination for life insurance. I was
astonished to find him with the blood
pressure of a boy of 20 and as full of
vigor, vim and vitality as a young
man; in fact a young man he really
was, notwithstanding his age. The se-
cret he said was taking iron—nuxated
iron had filled him with renewed life,
at 39 he was in bad health; at 46 care-
less work and nearly all in. Now at 50 a
miracle of vitality and his face beam-
ing with the buoyancy of youth. As I
have said a hundred times over, iron
is the greatest of all strength builders.
If people would only throw away pat-
ent medicines and nauseous concoc-
tions and take simple nuxated iron, I am
convinced that the lives of thou-
sands of persons might be saved who
now die every year from pneumonia,
grippe, consumption, kidney, liver and
heart trouble, etc. The real and true
cause which started their diseases was
nothing more nor less than a weak-
ened condition brought on by lack of
iron in the blood. Iron is absolutely
necessary to enable your system to
change food into living tissue. With-
out it, no matter how much or what
you eat, your food merely passes
through you without doing you any
good. You don't get the strength out
of it, and as a consequence you become
weak, pale and sickly looking. Like
a plant trying to grow in a soil de-
ficient in iron. If you are not strong
or well, you owe it to yourself to make
the following test: See how long you
can work or how far you can walk
without becoming tired. Next take
two five-grain tablets of ordinary nu-
xated iron three times per day after
meals for two weeks. Then test your
strength again and see for yourself
how much you have gained. I have
known of nervous, run-down peo-
ple who were ailing all the while doc-
tors' strength and endurance and en-
tirely get rid of all symptoms of
dyspepsia, liver and heart troubles in
from ten to fourteen days' time simply
by taking iron in the proper form. And
this is a fact of which many cases have
been doctoring for months without obtaining
benefit. But don't take the old
forms of reduced iron, iron acetate or
other iron salts. They are not the iron
you need. You must take iron in a form
that can be easily absorbed and assim-
ilated, like nuxated iron. If you want
it to do you any good, otherwise it
may prove worse than useless.
Many an athlete or prize fighter has
won the day simply because he knew
the secret of great strength and endur-
ance and filled his blood with iron be-
fore he went into the arena. The white
manly simply has gone to inglorious
defeat simply for the lack of iron.—
Dr. Sauer, M. D.

NOTE.—Nuxated Iron, recommended above by Dr.
Sauer, is not a patent medicine nor secret remedy,
but one which is well known to druggists and whose
iron constituents are widely prescribed by eminent
physicians everywhere. Unlike the older inorganic
iron products, it is easily assimilated, does not in-
jure the teeth, make them black, nor upset the
stomach; on the contrary, it is a most potent re-
medy in nearly all forms of indigestion, as well as for
nervous, run-down conditions. The manufacturer
has much great confidence in Nuxated Iron that
they offer to forfeit \$100.00 to any druggist who
refuses to sell it if it cannot take any man or woman under
60 who lacks iron and increase their strength 200
per cent or over in four weeks' time, provided they
refuse their money if it does not at least double
your strength and endurance in ten days' time. It
is dispensed in the city by Jas. O'Donnell's Drug
Store, River-Houseman, People's Drug Store, and
all other druggists.—Adv.

DISTRICT LANDMARK PRESENTED TO U. S.

Daughters of American Revolution
Celebrate Anniversary of Corner-
stone Laid by Washington.

The 125th anniversary of the laying
of the first stone of the Federal dis-
trict was celebrated at the District line
near Chesapeake Junction yesterday af-
ternoon. With representatives of the Fed-
eral government, the president general
and the State regent of the National
Society of the Daughters of the Ameri-
can Revolution were present.

The ceremonies marked the completion
of the inclosing of the east corner stone
of the district, laid by President George
Washington, April 15, 1791. Col. W. W.
Harts, superintendent of public buildings
and grounds, and military aid to the
President, was presented the deed to the
ground and accepted on behalf of the
Federal government. Col. Harts read a
letter from President Wilson.
The following took part in the program:
Rev. Paul R. Hickock, State Regent Mrs.
Frank Foster, President General Mrs.
William Cumming Story, Fred E. Wood-
ward, Robinson White, Mrs. George F.
Conway, Col. W. W. Harts, Miss Edna
Sheehy, Mrs. Ellis Logan, Mrs. George
T. Smallwood, Representative S. D. Fess,
of Ohio; Chaplain General Mrs. Mary S.
Lockwood.

Sails with Spanish Dead.

Portsmouth, N. H., April 15.—The Span-
ish navy transport, Almirante Lobo,
sailed from this port today for Spain,
bearing thirty-two bodies of Spanish sol-
diers who died here after being taken
prisoners in the Spanish-American war.

"77" Humphreys' Seventy-seven For Grip, Influenza, COLDS

To get the best results take "Seventy-seven" at the first feeling of
catching Cold.

If you wait until your bones begin
to ache, it may take longer.

25c and \$1.00, at all druggists or
mail.

TONIC TABLETS

For that tired feeling in the Spring
and after the Grip or any long illness,
physical exhaustion, loss of strength
or appetite, General Debility, take
Humphreys' Tonic Tablets—price,
\$1.00, at drug stores or mailed on re-
ceipt of price or sent C. O. D.
Humphreys' Homeo. Medicine Co.,
168 William Street, New York.

Tuft's Glee Club Coming.

The Glee and Mandolin clubs of
Tuft's College, Massachusetts, thirty
members, will appear in concert at
the Church of Our Father, Thirteenth
and L streets northwest, tomorrow
evening under the auspices of the
trustees of the church. The Tuft's
College museum is the depository of
the stuffed skin of Jumbo, the noted
elephant, the gift of the great show-
man P. T. Barnum, who was a trustee
of the college. The Barnum song is
one of the most popular numbers of
the program.

FAKE AUCTION BILL UNDER DISCUSSION

Representatives of Retail Merchants
Confer With District Committee
Chairman on Proposed Measure.

M. D. Rosenberg, chairman of the fake
auctions committee of the Retail Mer-
chants' Association, secretary Charles J.
Columbus and P. H. Stephens, Assistant

Corporation Counsel, had an extended
session yesterday with Representative
Ben Johnson, chairman of the House
District Committee, in connection with
the drafting of a fake auction bill.

Yesterday's conference in the office of
Representative Johnson lasted about an
hour and a half, and Representative
Johnson announced that he would draft
the bill today.

Gold is being mined at a depth of more
than 5,000 feet in South Africa, and it is
believed that the shafts can be sunk 3,000
feet more.

Piano and Player CLEARANCE SALE

G ST. at 13TH **J. J. J.** G ST. at 13TH

ARTHUR JORDAN, Owner.

WE CAUGHT your eye—
now give us your atten-
tion, just a minute.

Only a Few of the Many Bargains

PLAYERS:
WINTERROTH, \$300
Oak case; great bar-
gain.
PIANOLA WHEELLOCK, \$265
Mahogany case;
guaranteed.
KNABE, \$375
Mahogany case.
WEBER PIANOLA, \$295
Mahogany case; very
handsome.
KURTZMANN, \$275
65-note mahogany
case; real bargain.
TECHNOLA, \$295
Fine mahogany case.
GILBERT, \$295
Mahogany case.
CHICKERING, \$385
An unusual bargain.

PIANOS:
STERLING, \$65
Ebony case.
HENRY F. MILLER, \$100
In fine shape.
FISCHER, \$190
Splendid condition;
mahogany case.
BRADLEY, \$168
Beautiful mahogany
case.
HENNING, \$100
Ebony case.
SCHIRMER, \$125
Mahogany case.
HUNTINGTON, \$150
Mahogany case; fine
shape.
KIMBALL, \$175
Oak case.

Can you afford to keep your
family from the enjoyment and
educational benefits of music at
home, when you can get a Piano
of us for 17c a day, or a Player for
27c a day—and obtain a good
used Piano as low as \$65, or Player
for as little as \$275?
One NEWTON PLAYER and
one NEWTON PIANO on former
Sale Price and Terms.

Call and see our instruments—
it doesn't cost a cent to look. All
our USED PIANOS and PLAYERS
ARE—
Guaranteed for one year.
Tuned Free for one year.
Bench, Scarf and 15 Rolls of
Music Free!

The above-mentioned Players and Pianos are all
used instruments—some traded-in on our BEHNING
Players and Grands—others used for demonstration pur-
poses, in our salesrooms.